



Our Lady of Perpetual Help

Memory Care
Extensive Assisted Living
Nursing Care

4560 Princess Anne Road, Virginia Beach, Virginia 23462-7905 • 757-495-4211 • ourladyperpetualhelp.com

Easter Highlights



Alicia Conwell and her daughter, Chris Conwell pose in the Easter photo booth.



Shout out to the Easter Bunny (also known as Maintenance Assistant Andrew Kippenhan).



Charlene Kearney



Betty Collins

The Easter season consisted of a meaningful blend of Holy Week services, Mass, and events. Loved ones gathered for a delicious sit-down dinner and captured memories in family photos.

ArtsConnect Virginia (formerly Tidewater Arts Outreach) inspired creativity with a step-by-step spring bunny painting class, bringing out everyone's artistic side. We rounded out the celebrations with a family-friendly Easter egg hunt, with more than 600 hidden eggs and a special appearance from the Easter Bunny! Residents were all smiles as they watched their grandchildren and great-grandchildren delight in discovering their treasures—it was a blast!



Dorothy Gantley spent the Easter season celebrating with her family.

Marvelous Moms

We were honored to celebrate the incredible mothers and mother figures who fill our community with love, strength, and compassion.

The week began with a charming afternoon Tea Party, with delightful refreshments and music by a flutist who encouraged the audience to sing along.

We also hosted over 70 guests for a beautiful Mother's Day gathering. Our Dining Services Team truly outdid themselves, creating a memorable experience to show appreciation for the many women who have given so selflessly of their time, energy, and love over the years.



Marlene Miller with her daughter and son-in-law, Robin and Lance Bailey



Carol Rediger smiles with her daughter, Carol Murray and her niece, Caryn Sherwood.



Armanda Roelle poses with her daughter and son-in-law, Vicki and Stan Kozue.



The Dining Services Team showcased their talents with a layered strawberry cake and fresh berry bowls for dessert.

Life is Better on the Boardwalk

Warm weather, blue skies, and sunshine calls for a trip to the oceanfront! Residents got to take their wheels for a spin with our wonderful friends at Spinclusion—an inclusive and adaptive way to continue enjoying the excitement of biking on the boardwalk.



Over a dozen residents and staff members hit the Boardwalk for a Spinclusion Outing from the entire community. They cheerfully pose in front of the iconic Neptune Statue on 31st street at the Oceanfront.

We ♥ Our Volunteers

During Volunteer Recognition Week, Our Lady of Perpetual Help was honored to celebrate the incredible individuals who give their time, compassion, and energy to our community. From a beautiful sit-down lunch to live entertainment, thoughtful goody bags, and meaningful conversation, it was a small way to say thank you for the big impact our volunteers make every day.



The CSM Community Family

Chesterbrook Residences
Residential Living, Assisted Living
Falls Church, Virginia • 703-531-0781

Marian Manor
Assisted Living, Intensive Assisted Living
Virginia Beach, Virginia • 757-456-5018

Mennowood
Independent Living, Assisted Living, Memory Care
Newport News, Virginia • 757-249-0355

Our Lady of Hope
Assisted Living, Memory Care, Intermediate & Skilled Nursing Center
Richmond, Virginia • 804-360-1960

Our Lady of Peace
Residential Living, Assisted Living, Memory Care, Nursing Center
Charlottesville, Virginia • 434-973-1155

Our Lady of the Valley
Assisted Living, Memory Care, Intermediate & Skilled Nursing Center
Roanoke, Virginia • 540-345-5111

Potomac Place
Assisted Living, Memory Care
Woodbridge, Virginia • 703-494-3817

St. Mary's Woods
Residential Living, Assisted Living
Richmond, Virginia • 804-658-2085

Tall Oaks Assisted Living
Assisted Living, Memory Care
Reston, Virginia • 703-834-9800



CSM Senior Living Management

High School Helpers

Volunteers from Salem High School's FCCLA (Family, Career and Community Leaders of America) group dedicated their time and talents to bring smiles and joy to our residents. Whether it's singing, arts and crafts, or just spending time together, we're grateful to have the support of these amazing young people. Two FCCLA students are members of our Life Enrichment team and enjoy learning each day how to better engage residents in wellness and social activities.



At left, our happy helpers! Above, Janice Oblak's creative juices were flowing while coloring alongside one of the volunteers from FCCLA.



Our Lady of Perpetual Help is nonprofit, nondenominational, and is sponsored by the Catholic Diocese of Richmond. © CSM Senior Living • Professional Management of Retirement Communities Since 1981



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