



Our Lady of Perpetual Help

Memory Care
Extensive Assisted Living
Nursing Care

4560 Princess Anne Road, Virginia Beach, Virginia 23462-7905 • 757-495-4211 • ourladyperpetualhelp.com

Susan Partida



Bingo Lingo

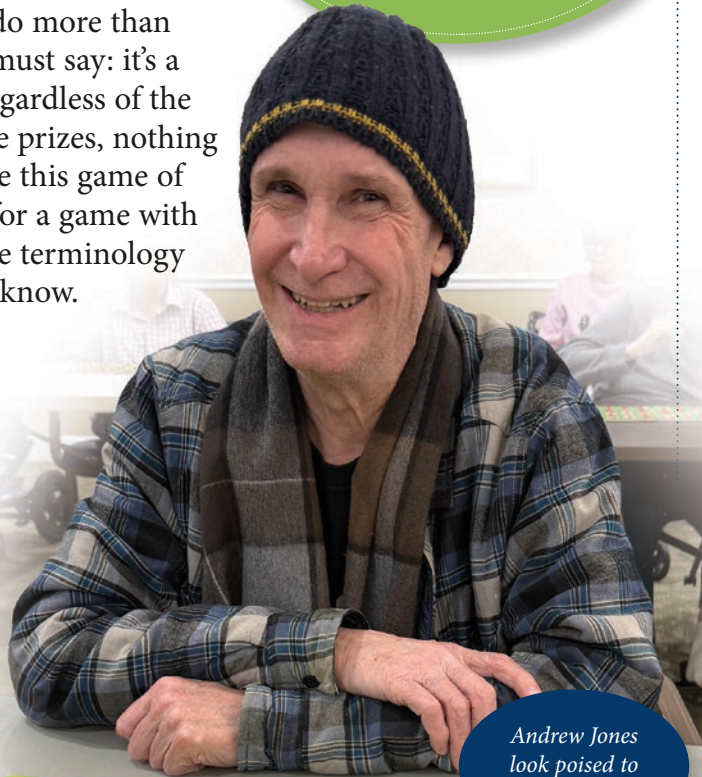
FACE: A single bingo card.

JUMPING THE GUN: Calling "bingo" prematurely or in error.

BLACKOUT: the pattern that requires every square to be called in order to win; also known as cover-all.

While our residents do more than "just play Bingo," we must say: it's a classic for a reason! Regardless of the day, the hour, or even the prizes, nothing brings out a crowd like this game of chance. If you stop by for a game with our crew, there is some terminology you'll want to know.

Merlita Collier



Andrew Jones look poised to call "bingo!"

Gladys Smith and Orlando "Barney" Reil



Grand Illumination

Our third annual Grand Illumination event brought families, friends, and even Santa to Our Lady of Perpetual Help. The evening included our Christmas display lighting, hot chocolate, cookies, and crafts. Memories were made and captured as guests of all ages took photos with Santa and Mrs. Claus.



Vicki Phillips and her sweet family.



Martha Fansler (dressed as Mrs. Claus) poses with her loved ones.

Barbara Burton and her daughter, Ann Marie.

A crisp moonlit evening hovers over the festive holiday decorations of the property.



Janice O'Blak





The CSM Community Family

Chesterbrook Residences
Residential Living, Assisted Living
Falls Church, Virginia • 703-531-0781

Marian Manor
Assisted Living, Intensive Assisted Living
Virginia Beach, Virginia • 757-456-5018

Mennowood
Independent Living, Assisted Living, Memory Care
Newport News, Virginia • 757-249-0355

Our Lady of Hope
Assisted Living, Memory Care, Intermediate & Skilled Nursing Center
Richmond, Virginia • 804-360-1960

Our Lady of Peace
Residential Living, Assisted Living, Memory Care, Nursing Center
Charlottesville, Virginia • 434-973-1155

Our Lady of the Valley
Assisted Living, Memory Care, Intermediate & Skilled Nursing Center
Roanoke, Virginia • 540-345-5111

Potomac Place
Assisted Living, Memory Care
Woodbridge, Virginia • 703-494-3817

St. Mary's Woods
Residential Living, Assisted Living
Richmond, Virginia • 804-658-2085

Tall Oaks Assisted Living
Assisted Living, Memory Care
Reston, Virginia • 703-834-9800



Martha Davies with her daughter, Kathy, and son-in-law, Greg.



Robert Hayes (Dietary) and Clayton Ortiz (Environmental Services)

Christmas is for Family

Time spent around the table, surrounded by those you love, is what makes the holidays so sweet! Our annual Christmas dinner brought friends and families together to enjoy a meal prepared and served by our wonderful dining team. Loved ones posed for photos and finished the evening with a variety of pies and desserts—the “cherry on top” of a wonderful evening!

Jeanne Greif with her daughter, Debbie, and son-in-law, Don.



Peg McIrvan (seated) shared the evening with several generations of her loving family.



Introducing lifeloop

We are excited to debut LifeLoop, our new communication and life enrichment platform designed to help loved ones stay more connected to residents' daily experiences. LifeLoop provides a secure way to stay "looped" in.

- View daily and monthly activity calendars
- See photos and updates from community events
- Receive important announcements and reminders
- Message our Life Enrichment team
- Stay connected to what matters most in your loved one's day-to-day life
- Send free weekly postcards to your loved one (we're really excited about this fun feature!)

Questions?
Contact our
Director of Life
Enrichment.

In early 2026, families will receive an invitation email with instructions about how to create a LifeLoop account. Be on the lookout for this important email!



Our Lady of Perpetual Help is nonprofit, nondenominational, and is sponsored by the Catholic Diocese of Richmond. © CSM Senior Living • Professional Management of Retirement Communities Since 1981



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