

March 2026

Nursing and Extensive Assisted Living



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<ul style="list-style-type: none"> 9:30 Top of the Morning & Visits (A) 10:30 Church of the Ascension Eucharistic Service (AR) 11:30 Chair Exercise (LR) 12:00 Linked Senior (LR) 2:00 Love Revival Church (AR) 3:15 Movie Matinee (LR) 	<ul style="list-style-type: none"> 10:00 Newsbreak (A) 11:00 Balloon Volleyball (AR) 12:00 Linked Senior (LR) 2:00 Bingo (AR) 3:30 Vibrant African Violets (LR) 4:00 Seasonal Artwork (A) 	<ul style="list-style-type: none"> 10:30 Chair Zumba with Peggy (AR) 10:30 Scented Hand Rub & Music (LR) 11:30 Morning Smiles (LR) 12:00 EZ Does it Trivia (LR) 2:00 Devotions with Pastor Greg (AR) 3:30 Noodle Ball (LR) 4:30 Retro Games Shows (LR) 	<ul style="list-style-type: none"> 10:30 Catholic Mass with Father Nicholas (AR) 10:30 Sensory Adventure (LR) 11:00 Rosary w/ Legion of Mary (AR) 11:30 JAVA Time (LR) 2:00 Mani & Music (A) 3:00 Mocktails & Music (A) 3:30 Stretch and Tone 4:00 Game Shows (LR) 4:30 My Fair Lady Trivia (LR) 	<ul style="list-style-type: none"> 10:30 Non-Denominational Service with Pastor Greg (AR) 10:30 Sensory Adventures (LR) 11:30 Black and White and Cute All Over Plants (LR) 12:00 Linked Senior (LR) 2:00 Louis Antonaccio Performs (AR) 3:30 Chair Exercise (LR) 4:00 Sing-a-long (LR) 	<ul style="list-style-type: none"> 10:30 JAVA Music Time (A) 11:30 Spiro Exercise (LR) 12:00 Bowling (LR) 2:00 Craft Corner: Fork Stamped Tulips (A) 4:00 Extraordinary Facts (LR) 4:30 Afternoon Stretch (LR) 	<ul style="list-style-type: none"> 9:30 Top of the Morning & Visits (A) 10:00 Pet Therapy with Sadie and Wrigley (LR) 10:30 Chair Exercise (LR) 11:30 Kids These Days Presentation with Arjan (LR) 12:00 Linked Senior (LR) 2:00 Bingo (A) 3:30 Sing-a-long (LR) 4:00 Puzzles on your own (A)
<ul style="list-style-type: none"> 9:30 Top of the Morning & Visits (A) 10:30 Church of the Ascension Eucharistic Service (AR) 11:30 Chair Exercise (LR) 12:00 Linked Senior (LR) 2:00 Gateway Sunshine Community Group Service (AR) 3:15 Multiple Choice Trivia (LR) 4:00 Puzzles on your own (A) 	<ul style="list-style-type: none"> AD Aloha Nails-appointment only (A) 10:00 Newsbreak (LR) 11:00 Balloon Volleyball (AR) 12:00 Linked Senior (LR) 2:00 Music with Jack Gorman (AR) 3:30 Giant Pandas (LR) 4:00 Afternoon Stretch (LR) 6:15 Crafts with the Heritage Girls Troop (AR) 	<ul style="list-style-type: none"> 10:30 Chair Yoga with Patricia (AR) 10:30 Scented Hand Rub & Music (LR) 11:30 Morning Smiles (LR) 12:00 Spin the Wheel Trivia (LR) 2:00 Devotions with Pastor Greg (AR) 3:00 Join the Debate (LR) 3:30 Noodle Ball (LR) 4:30 Piano with Sherry (LR) 	<ul style="list-style-type: none"> 10:30 Catholic Mass with Father Nicholas (AR) 10:30 Sensory Adventure (LR) 11:00 Rosary w/ Legion of Mary (AR) 11:30 JAVA Time (LR) 2:00 Makeovers & Music (A) 3:00 Mocktails & Music (A) 3:30 Scarf Movement 4:00 Game Shows (LR) 4:30 March Modern Jeopardy Trivia (LR) 	<ul style="list-style-type: none"> 10:30 Non-Denominational Service with Pastor Greg (AR) 10:30 Sensory Adventures (LR) 11:30 Target Games (LR) 12:00 Linked Senior (LR) 2:00 Let's Bake: Sugar Petal Blossom Cookies w/ Marshmallows (A) 3:30 Chair Exercise (LR) 4:00 Sing-a-long (LR) 	<ul style="list-style-type: none"> 10:30 JAVA Music Club (A) 11:30 Sittercise (LR) 12:00 Penny Pitchin' (LR) 2:00 History of Shamrocks (LR) 3:00 TAO Presents: Thalia Brass Band Performs (AR) 4:00 Seasonal Artwork (A) 	<ul style="list-style-type: none"> 9:30 Top of the Morning & Visits (A) 10:30 Chair Exercise (LR) 11:30 Kids These Days Presentation with Arjan (LR) 12:00 Linked Senior (LR) 2:00 Bingo (A) 3:30 Sing-a-long (LR) 4:00 March Humor (LR) 4:30 Who Am I? (A)
<ul style="list-style-type: none"> 9:30 Top of the Morning & Visits (A) 10:30 Church of the Ascension Eucharistic Service (AR) 11:30 Chair Exercise (LR) 12:00 Linked Senior (LR) 2:00 River Oak Church Service (AR) 3:15 Movie Matinee (LR) 	<ul style="list-style-type: none"> 10:00 Newsbreak (A) 11:00 Balloon Volleyball (LR) 12:00 Linked Senior (LR) 2:00 Bingo (AR) 3:30 Travelogue: London, Then and Now (LR) 4:00 Seasonal Artwork 	<ul style="list-style-type: none"> AD Wear Green and Gold 10:30 Chair Zumba with Peggy (AR) 10:30 Scented Hand Rub & Music (LR) 11:30 Morning Smiles (LR) 12:00 EAL Resident Council Meeting (A) 12:00 Where am I? (LR) 2:00 St. Patrick's Day Social (AR) 3:30 Noodle Ball (LR) 4:30 Retro Games Shows (LR) 	<ul style="list-style-type: none"> 10:30 Catholic Mass with Father Nicholas (AR) 10:30 Sensory Adventure (LR) 11:00 Rosary w/ Legion of Mary (AR) 11:30 JAVA Time (LR) 12:00 NF Resident Council Meeting (A) 2:00 Devotions with Pastor Greg (A) 3:00 Mocktails & Music (A) 3:30 Stretch and Tone 4:00 Game Shows (LR) 4:30 March Random Trivia (LR) 	<ul style="list-style-type: none"> 10:30 Non-Denominational Service with Pastor Greg (AR) 10:30 Sensory Adventures (LR) 11:30 Tongue Twisters (LR) 12:00 Linked Senior (LR) 2:00 Craig Champagne Performs (AR) 3:30 Chair Exercise (LR) 4:00 Sing-a-long (LR) 	<ul style="list-style-type: none"> Spring Equinox 10:30 JAVA Music Time (A) 11:30 Spiro Exercise (LR) 12:00 Parachute (LR) 2:00 TAO Presents: Spring Art with Stephanie Slate 4:00 Reader's Digest Stories 4:30 Afternoon Stretch (LR) 	<ul style="list-style-type: none"> 9:30 Top of the Morning & Visits (A) 10:30 Chair Exercise (LR) 12:00 Linked Senior (LR) 2:00 Bingo (A) 3:30 Sing-a-long (LR) 4:00 Puzzles on your own (A)
<ul style="list-style-type: none"> 9:30 Top of the Morning & Visits (A) 10:30 Church of the Ascension Eucharistic Service (AR) 11:30 Chair Exercise (LR) 12:00 Linked Senior (LR) 2:00 River Oak Church Service (AR) 3:15 Fill in the Blank (LR) 4:00 Puzzles on your own (A) 	<ul style="list-style-type: none"> AD Aloha Nails-appointment only (A) 10:00 Newsbreak (A) 11:00 Balloon Volleyball (AR) 12:00 Linked Senior (LR) 2:00 TAO Presents: Classical Duet with Alex & Serena (AR) 3:30 Guess that TV Tune (LR) 4:00 Afternoon Stretch (LR) 	<ul style="list-style-type: none"> 10:30 Chair Yoga with Patricia (AR) 10:30 Scented Hand Rub & Music (LR) 11:30 Morning Smiles (LR) 12:00 Star of the Month: Audrey Hupburn (LR) 2:00 Devotions with Pastor Greg (AR) 3:00 Five Clues: Which Tool is it? 3:30 Noodle Ball (LR) 4:30 Retro Games Shows (LR) 	<ul style="list-style-type: none"> 10:30 Catholic Mass with Father Nicholas (AR) 10:30 Sensory Adventure (LR) 11:00 Rosary w/ Legion of Mary (AR) 11:30 JAVA Time (LR) 2:00 Mani & Music (A) 3:00 Mocktails & Music (A) 3:30 Scarf Movement 4:00 Game Shows (LR) 4:30 Finish the Phrase (LR) 	<ul style="list-style-type: none"> 10:30 Non-Denominational Service with Pastor Greg (AR) 10:30 Sensory Adventures (LR) 11:30 Categories (LR) 12:00 Linked Senior (LR) 2:00 Shamrock Shakes & Crafts with First Flight Homecare (AR) 3:30 Chair Exercise (LR) 4:00 Sing-a-long (LR) 	<ul style="list-style-type: none"> 11:30 Spiro Exercise (LR) 12:00 Penny Pitchin' (LR) 2:00 March Resident Birthday Party (AR) 2:00 Movie Matinee and Popcorn (AR) 3:30 Name that Price Game (LR) 4:00 Seasonal Artwork (A) 	<ul style="list-style-type: none"> 9:30 Top of the Morning & Visits (A) 10:30 Children's Easter Egg Hunt Outside 12:00 Linked Senior (LR) 2:00 Bingo (A) 3:30 Sing-a-long (LR) 4:00 20 Questions about your 20's (LR) 4:30 What Am I? (LR)
<ul style="list-style-type: none"> 9:30 Top of the Morning & Visits (A) 10:30 Church of the Ascension Eucharistic Service (AR) 11:30 Chair Exercise (LR) 12:00 Linked Senior (LR) 2:00 Extraordinary Facts (LR) 3:15 Movie Matinee (LR) 	<ul style="list-style-type: none"> 10:00 Newsbreak (A) 11:00 Balloon Volleyball (AR) 12:00 Linked Senior (LR) 2:00 Chef's Corner (AR) 3:30 March Pondering Prompts (LR) 4:00 Seasonal Artwork 	<ul style="list-style-type: none"> 10:30 Chair Zumba with Peggy (AR) 10:30 Scented Hand Rub & Music (LR) 11:30 Morning Smiles (LR) 2:00 Devotions with Pastor Greg (AR) 3:30 Noodle Ball (LR) 4:30 Retro Games Shows (LR) 				

Activity Types

- Cognitive
- Creative/Sensory
- Entertainment
- Intellectual
- Nature
- Physical
- Productive
- Reflective
- Social
- Spiritual

Locations

- AR = Assembly Room**
- C = Chapel**
- LR = Living Room**
- SR = Sunroom**
- A = Activity Room**
- FP = Front Porch**

Happy Birthday!

- Marion D. - 1st
- Madeline H. - 2nd
- Susan P. - 7th
- Catherine B. - 8th
- Jeanne Greif - 11th
- Grace P. - 13th
- Paul A. - 13th
- Eric S. - 13th
- Jacqueline H. - 14th
- Marie L. - 21st
- Carole J. - 28th