



# Our Lady of Perpetual Help

Memory Care • Assisted Living  
Nursing Care

4560 Princess Anne Road, Virginia Beach, Virginia 23462-7905 • 757-495-4211 • ourladyperpetualhelp.com

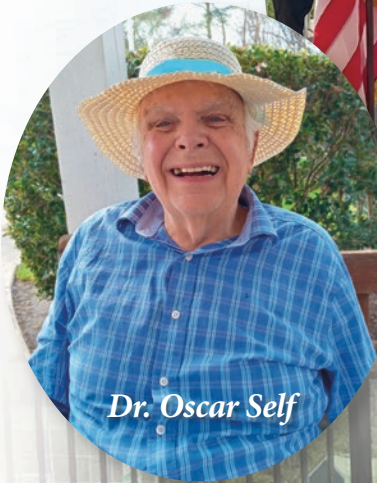
## Sunny Days are Here at Last!

Warmer weather has arrived in Virginia Beach and residents and team members are taking full advantage of each sunny day. People have been going outside often to plant flowers, sip iced tea, enjoy great entertainment and holiday programs, and simply take in the fresh air.

Have you met our newest summertime residents? Several new families of ducks now call Our Lady of Perpetual Help home and can be seen meandering around our campus!



Our newest summertime residents!



Dr. Oscar Self



Members of American Legion Posts 110 and 113 led a Flag Day ceremony for residents.

Judy Levesque and George Garris





# Introducing TSOLife

*Technology designed  
to enrich the lives of our residents!*

We are committed to enhancing our residents' quality of life, which is why we are thrilled to partner with TSOLife to leverage the power of technology to deliver purpose-driven programming and individualized experiences to our residents.

We begin with one-on-one interviews where we gain a deeper understanding of each resident so we can tailor their experience at Our Lady of Perpetual Help. Information is collected in a digital profile and used to connect residents to what is meaningful to them – including favorite activities, residents with similar interests, and even reminders when their favorite sports team plays!

From personal preferences to hobbies and activities, each person's interests are unique. We get to know each person on an individual level and use these insights to create a fulfilling life at Our Lady of Perpetual Help.

To learn more about our new partnership with TSOLife, please visit [ourladyperpetualhelp.com/tsolife](http://ourladyperpetualhelp.com/tsolife) or call us today!



## Boy Scouts Spread Joy

A special thank you to the local Boy Scouts who spent a day visiting with residents and weeding and planting in our flower beds.

Memory Care residents also received a special gift from Boy Scout Steven Rooney. Steven is a rising senior at Catholic High School and has volunteered his time and talents at Our Lady since he was a freshman. Steven is working towards obtaining his Eagle Scout rank and crafted three beautiful mobile mailboxes for the Christopher Center. "Mail Call" will have a whole new meaning for the residents as they go to the mailbox to receive their cards and letters from loved ones.

Our Lady of Perpetual Help is so grateful for our friends and neighbors at Catholic High School and our long-standing volunteer relationship. We are all excited to see each other again!

*Activity Aide Mark Santom adds new flowers to the front porch under the supervision of Paul Baker. Residents enjoyed observing the planting progress and the bright colors it added to our outdoor spaces.*





# Safety Reimagined

## Continuing to protect our residents

*Times change, but not our commitment to your loved ones.*

Our first priority has always been – and will always remain – to protect the health and safety of our residents and staff. We are committed to keeping our community clean and safe, which is why we are continuously enhancing our sanitation protocols and life safety programs as improved technology and new information become available.

Here are a few of the protection features and infection control protocols, both new and old, that help us safeguard our residents' and team members' comprehensive well-being:

- **New! Patented Bipolar Ionization Technology** that safely cleans indoor air and reduces infectivity of certain viruses by more than 90% by creating and releasing ions into the airstream. These ions attach to particles (such as dust, dander, pollen, smoke, and even pathogens such as mold, viruses, and bacteria) and become larger, making them more easily filtered. The technology delivers indoor air that is free of ozone and other harmful byproducts, thereby lowering our carbon footprint while reducing airborne particulates, odors, and pathogens.
- **Our Specialized Infection Control and Prevention Team** continues to monitor and implement all guidance and recommendations from local, state, and national health agencies.
- **Continued utilization of innovative electrostatic spray technology** such as Clorox Total 360® to kill COVID-19 (on hard, nonporous surfaces), cold and flu viruses, norovirus, MRSA, and more than 40 additional pathogens.
- **Implementation of additional touchless technology** throughout the community, including entrances and restrooms.
- **Refined protocols** for storage and distribution of personal protective equipment (“PPE”).
- **Continued screenings for all staff and visitors** entering the community (temperature taken, travel and symptom questions, etc.).
- **Our Physical/Life Safety Programs and Systems** remain a critical component of our commitment to comprehensive safety, including but not limited to fire suppression and sprinkler systems, a full-building generator, security cameras and secure entrances/exits, and pull cords in every resident apartment.



### The Coordinated Services Management Community Family

#### Our Lady of the Valley

*Assisted Living,  
Intermediate & Skilled Nursing Center*  
Roanoke, Virginia • 540-345-5111

#### Our Lady of Hope

*Assisted Living, Alzheimer's Center,  
Intermediate & Skilled Nursing Center*  
Richmond, Virginia • 804-360-1960

#### Our Lady of Peace

*Residential Living, Assisted Living,  
Nursing Center, Alzheimer's Center*  
Charlottesville, Virginia • 434-973-1155

#### Potomac Place

*Assisted Living,  
Enhanced Assisted Living,  
Alzheimer's and Dementia Center,*  
Woodbridge, Virginia • 703-494-3817

#### St. Mary's Woods

*Residential Living, Assisted Living*  
Richmond, Virginia • 804-741-8624

#### Tall Oaks at Reston

*Assisted Living, Alzheimer's Center*  
Reston, Virginia • 703-834-9800

#### Marian Manor

*Assisted Living, Intensive Assisted Living*  
Virginia Beach, Virginia • 757-456-5018

#### Dunlop House

*Assisted Living, Alzheimer's Center*  
Colonial Heights, Virginia • 804-520-0050

#### Chesterbrook Residences

*Assisted Living*  
Falls Church, Virginia • 703-531-0781

#### Mennowood

*Independent Living, Assisted Living,  
Memory Care*  
Newport News, Virginia • 757-249-0355



## A Friend Returns

Nothing brings a smile to our faces quicker than a visit from our favorite, four-legged friend Emma. After a year-long absence due to COVID restrictions, she was recently welcomed back with open paws and lots of treats. A certified therapy dog, Emma is loving, approachable, and fun – she even does tricks! As one team member recently said, “Everyone lights up on the days that Emma visits – she’s like our honorary mascot.”

*Margaret DeLoach and Paul Baker  
delight in Emma’s company!*



Our Lady of Perpetual Help is nonprofit, nondenominational, and is sponsored by the Catholic Diocese of Richmond.  
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