

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

<p>1</p> <p>9:45 Meet & Greet (4) 10:30 Eucharistic Service AR (6) 1:30 Balloon Toss (2) 2:30 – 3:30 Harpist Karen Stowe AR (6)</p>	<p>2</p> <p>9:45 Meet & Greet (4) 10:00 Morning Stretches (2) 10:30 News Bits & A Beverage (1,4,5) 11:00 Spa Time (5) 1:30 Walk Club (2) 2:00 – 3:00 "Back to School" Social AR4 3:30 Outdoor Stroll (2,7,8)</p> <p style="text-align: center;">Labor Day</p>	<p>3</p> <p>9:45 Meet & Greet (4) 10:00 Morning Stretches (2) 10:30 News Bits & A Beverage (1,4,5) 11:00 Adult Coloring (1) 2:00-3:00 Special Guest Bible Time AR (6) 3:30 Trivia/Games (1)</p>	<p>4</p> <p>9:45 Meet & Greet (4) 10:15 Catholic Mass AR (6) 11:00 News Bits & A Beverage (1,4,5) 2:00 - 3:00 Protestant Communion Service- All Are Welcome AR (6) 3:30 Let's Get Moving (2)</p>	<p>5</p> <p>9:45 Meet & Greet (4) 10:00 Morning Stretches (2) 10:30 Walk Club (2) 11:00 News Bits & A Beverage (1,4,5) 2:00-3:30 Movie Time (4) 3:30 Let's Get Moving (2)</p>	<p>6</p> <p>9:45 Meet & Greet (4) 10:00 Morning Stretches (2) 10:30 News Bits & What's Cooking (1,3,4,5) 11:00 Walk Club (2) 2:00-3:00 Art For All AR(1) 3:30 TGIF (6) 6:45 Outing: Hoedown at the VA Beach Farmers' Market (7,8)</p>	<p>7</p> <p>10:00 News Chat (1,4) 10:30 Let's Talk Trivia (1) 11:00 Walk Club (2) 2:00 Rosary with KOC C (6) 2:30-3:30 Bingo (Iris) (4)</p>
<p><i>Happy Grandparents' Day!</i></p> <p>8</p> <p>9:45 Meet & Greet (4) 10:30 Eucharistic Service AR (6) 1:30 Cake & Icecream (4) 2:00 – 3:00 Drum Circle with Arthur "Drum Your Dreams" Lopez AR (5)</p> <p style="text-align: center;">Grandparents' Day</p>	<p>9</p> <p>9:45 Meet & Greet (4) 10:00 Morning Stretches (2) 10:30 News Bits & A Beverage (1,4,5) 11:00 Spa Time (5) 2:30 – 3:30 Bingo AR4 3:30 Outdoor Stroll (2,7,8) 4:00 Men's Social on the Porch P (4,7,8)</p>	<p>10</p> <p>9:45 Meet & Greet (4) 10:00 Morning Stretches (2) 10:00 SPCA Visiting Paws (throughout the community) (5) 10:30 News Bits & A Beverage (1,4,5) 2:00-3:00 Special Guest Bible Time AR (6) 3:30 Trivia/Games (1)</p>	<p>11</p> <p>9:45 Meet & Greet (4) 10:15 Catholic Mass AR (6) 11:00 News Bits & A Beverage (1,4,5) 2:00-3:00 "9-11" Remembrance Service AR (6) 3:30 Let's Get Moving (2)</p>	<p>12</p> <p>9:45 Meet & Greet (4) 10:00 Morning Stretches (2) 10:30 Flower Arranging (Iris) (1) 11:00 News Bits & A Beverage (1,4,5) 2:00-3:00 Rosary- Legion of Mary C (6) 3:30 Let's Get Moving (2)</p>	<p>13</p> <p>9:45 Meet & Greet (4) 10:00 Morning Stretches (2) 10:30 News Bits & What's Cooking (1,3,4,5) 11:00 Walk Club (2) 2:00 Scenic Joyride (7,8) 2:30-4:00 Movie & Popcorn: "Carousel" with Shirley Jones (Part 1) AR (4)</p>	<p>14</p> <p>10:00 News Chat 1,4) 10:30 Entertainment: Lyle & Linda Dowling AR (5) 2:00-3:00 Bingo (Iris) (4) 3:30 Balloon Volleyball (2)</p>
<p>15</p> <p>9:45 Meet & Greet (4) 10:30 Eucharistic Service AR (6) 1:30 Balloon Toss (2) 2:30 – 3:30 Christian Fellowship with Brother Britt Hoskins AR (6)</p>	<p>16</p> <p>9:45 Meet & Greet (4) 10:00 Morning Stretches (2) 10:30 News Bits & A Beverage (1,4,5) 11:00 Spa Time (5) 1:30 Walk Club (2) 2:30 – 3:30 Bingo (Iris) (4) 3:30 Outdoor Stroll (2,7,8)</p>	<p>17</p> <p>9:45 Meet & Greet (4) 10:00 Morning Stretches (2) 10:30 News Bits & A Beverage (1,4,5) 2:00 – 3:30 Hymn Sing-a-long C6 3:30 Trivia/Games (1)</p>	<p>18</p> <p>9:45 Meet & Greet (4) 10:15 Catholic Mass AR (6) 11:00 News Bits & A Beverage (1,4,5) 2:00-3:00 Nondenominational Church Service AR (6) 3:30 Let's Get Moving (2)</p>	<p>19</p> <p>9:45 Meet & Greet (4) 10:00 Morning Stretches (2) 11:00 Chair Zumba with Peggy AR (2) 2:00-3:00 Kempsville Baptist Church AR (6) 3:30 Let's Get Moving (2)</p>	<p><i>Happy Birthday Sherran!</i></p> <p>20</p> <p>9:45 Meet & Greet (4) 10:00 Morning Stretches (2) 10:30 News Bits & What's Cooking (1,3,4,5) 11:00 Walk Club (2) 2:00 Scenic Joyride (7,8) 2:30-4:00 Movie & Popcorn: "Carousel" with Shirley Jones (Part 2) AR (4)</p>	<p>21</p> <p>10:30 Rosary with the Tan Family C (6) 11:00 Walk Club (2) 2:00-3:00 Bingo (Iris) (4) 3:30 Balloon Volleyball (2)</p> <p style="text-align: center;">Oktoberfest Begins</p>
<p><i>Happy Birthday Carol H.!</i></p> <p>22</p> <p>9:45 Meet & Greet (4) 10:30 Eucharistic Service AR (6) 1:30 Balloon Toss (2) 2:00 – 3:00 New Entertainers: "Swing Time" Duet AR (6)</p>	<p>23</p> <p>9:45 Meet & Greet (4) 10:00 Morning Stretches (2) 10:30 News Bits & A Beverage (1,4,5) 11:00 Spa Time (5) 2:30 – 3:30 Last Day of Summer Ice Cream Treats on the Go! (4) 3:30 Outdoor Stroll (2,7,8)</p> <p style="text-align: center;">Autumn Begins</p>	<p>24</p> <p>9:45 Meet & Greet (4) 10:00 Morning Stretches (2) 10:30 Rosary-Legion of Mary C (2) 12:00-3:00 Special Guest Bible Time AR (6) 3:30 Trivia/Games (1)</p>	<p>25</p> <p>9:45 Meet & Greet (4) 10:15 Catholic Mass AR (6) 11:00 News Bits & A Beverage (1,4,5) 2:00-3:00 Nondenominational Church Service AR (6) 3:30 Let's Get Moving (2)</p>	<p>26</p> <p>9:45 Meet & Greet (4) 10:00 Morning Stretches (2) 11:00 News Bits & A Beverage (1,4,5) 2:30 Chair Zumba with Peggy AR (2) 3:30 Let's Get Moving (2)</p>	<p>27</p> <p>9:45 Meet & Greet (4) 10:00 Morning Stretches (2) 10:30 News Bits & What's Cooking (1,3,4,5) 11:00 Walk Club (2) 2:00-3:30 Bingo Store AR (3) 3:30 TGIF (6)</p>	<p>28</p> <p>10:00 News Chat (1,4) 10:30 Let's Talk Trivia (1) 11:00 Walk Club (2) 2:00-3:00 Bingo (Iris) (4) 3:30 Balloon Volleyball (2)</p>
<p>29</p> <p>9:45 Meet & Greet (4) 10:30 Eucharistic Service AR (6) 1:30 Balloon Toss (2) 2:00 – 3:00 Violinist Amy Miller AR (6)</p>	<p><i>Happy Birthday Mary Ann!</i></p> <p>30</p> <p>9:45 Meet & Greet (4) 10:00 Morning Stretches (2) 10:30 News Bits & A Beverage (1,4,5) 11:00 Spa Time (5) 2:00 – 3:00 Celebrate Residents with September Birthdays w/ Roberto! AR(4) 3:30 Outdoor Stroll (2,7,8)</p> <p style="text-align: center;">Rosh Hashanah (first day)</p>	<h1>September 2019</h1> <h2>Christopher Center Activities</h2> <p style="font-size: small;">LOCATION KEY: AR- Assembly Room; C-Chapel; P-Porch ACTIVITY KEY:1-Cognitive/Creative,2-Physical,3-Productive, 4-Social, 5-Sensory,6-Reflective, 7- Outdoor, 8-Nature</p>				

Any calendar changes will be noted on the Daily Fare in the Pavilion. *Resident mail is delivered daily. *Most activities are a minimum of 30 minutes long. All supplies are accounted for before and after each activity.