

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

May 2019

Christopher Center Activities

			<p>9:45 Meet & Greet (4) 10:00 News Chat (1,4) 10:15 Catholic Mass AR 6 11:00 News Bits & A Beverage (1,4, 5) 2:00 - 3:00 Protestant Communion Service AR (6) 3:30 Let's Get Moving (2) <i>May Day</i></p>	<p><i>Happy Birthday Lenora!</i> 9:45 Meet & Greet (4) 10:00 Morning Stretches (2) 10:30 News Bits & A Beverage (1,4, 5) 11:00 Let's Talk Trivia (1) 2:00 Ice Cream on the Go! (5) 3:30 Let's Get Moving (2)</p>	<p>9:45 Meet & Greet (4) 10:00 Morning Stretches (2) 10:30 News Bits & A Beverage (1,4, 5) 11:00 Walk Club (2) 2:00-3:00 Arts & Crafts AR (3) 3:15 Happy Hour Friday on the Go (5)</p>	<p>10:00 News Chat (1,4) 10:30 - 11:30 Celebrate Cinco de Mayo with Roberto! AR (5) 2:00 Rosary with KOC C (6) 3:00-4:00 Bingo with KOC (Iris) (4)</p>
<p>9:45 Meet & Greet (4) 10:30 Eucharistic Service AR6 1:30 Balloon Toss (2) 2:30 - 3:30 Christian Service w/Gateway Freewill Baptist Church AR 6 <i>Cinco de Mayo</i></p>	<p>9:45 Meet & Greet (4) 10:00 Morning Stretches (2) 10:30 News Bits & A Beverage (1,4, 5) 11:00 Spa Time (5) 2:00 - 3:00 Bingo AR(4) 3:30 Outdoor Stroll (2) <i>Ramadan</i></p>	<p>9:45 Meet & Greet (4) 10:00 Morning Stretches (2) 10:30 News Bits & A Beverage (1,4, 5) 11:00 Chair Zumba AR (2) 2:00-3:00 Special Guest Bible Time AR (6) 3:30 Trivia/Games (1)</p>	<p><i>Happy Birthday Margaret!</i> 9:45 Meet & Greet (4) 10:00 News Chat (1,4) 10:15 Catholic Mass AR 6 11:00 News Bits & A Beverage (1,4, 5) 2:00 - 3:00 Nondenominational Church Service AR (6) 3:30 Let's Get Moving (2)</p>	<p>9:45 Meet & Greet (4) 10:00 Morning Stretches (2) 10:30 News Bits & A Beverage (1,4, 5) 11:00 Let's Talk Trivia (1) 2:00-3:00 Kempsville Baptist Church C6 3:30 Let's Get Moving (2)</p>	<p><i>Happy Birthday Rosemarie!</i> 9:45 Meet & Greet (4) 10:00 Morning Stretches (2) 10:30 News Bits & A Beverage (1,4, 5) 11:00 Walk Club (2) 2:00-4:00 Root Beer Float & Fred Astaire Movie Day (4)</p>	<p>10:00 News Chat (1,4) 10:30 Rosary with The Tan Family C 6 2:00-3:00 Bingo (Iris) (4) 3:30 Balloon Volleyball (2)</p>
<p>9:45 Meet & Greet (4) 10:30 Eucharistic Service AR6 11:00-12:00 & 1:00-2:00 Mother's Day Brunch (Reservation Requested) AR (4) 2:00-3:00 Refreshments on the Front Porch P (7, 8) <i>Mother's Day</i></p>	<p>9:45 Meet & Greet (4) 10:00 Morning Stretches (2) 10:15 - 12:00 Scenic Joyride (7, 8) 10:30 News Bits & A Beverage (1,4, 5) 11:00 Spa Time (5) 2:00 - 3:00 Bingo AR (4) 3:30 Outdoor Stroll (2)</p>	<p>9:45 Meet & Greet (4) 10:00 Morning Stretches (2) 10:30 Rosary-Legion of Mary C (6) 2:00 - 3:00 Special Guest Bible Time C (6) 3:30 Trivia/Games (1)</p>	<p>9:45 Meet & Greet (4) 10:00 News Chat (1,4) 10:15 Catholic Mass AR 6 11:00 News Bits & A Beverage (1,4, 5) 2:00 - 3:00 Nondenominational Church Service AR (6) 3:30 Let's Get Moving (2)</p>	<p>9:45 Meet & Greet (4) 10:00 Morning Stretches (2) 10:30 News Bits & A Beverage (1,4, 5) 11:00 Let's Talk Trivia (1) 2:00- 3:00 Karaoke AR (4) 3:30 Let's Get Moving (2)</p>	<p>9:45 Meet & Greet (4) 10:00 Morning Stretches (2) 10:30 News Bits & A Beverage (1,4, 5) 11:00 Walk Club (2) 2:00-3:00 Thalia Brass Quintet AR (5) 3:15 Happy Hour Friday on the Go (5)</p>	<p>10:00 News Chat (1,4) 10:30-11:30 Celebrate Military Spouses (May 10) & Armed Services Day with the Day Timers (barbershop) AR (5) 2:00-3:00 Bingo (Iris) (4) 3:30 Balloon Volleyball (2) <i>Armed Forces Day</i></p>
<p>9:45 Meet & Greet (4) 10:30 Eucharistic Service AR6 1:30 Balloon Toss (2) 2:30-3:30 Christian Fellowship with Brother Britt Hoskins AR 6</p>	<p>9:45 Meet & Greet (4) 10:00 Morning Stretches (2) 10:30 News Bits & A Beverage (1,4, 5) 11:00 Spa Time (5) 2:00 - 3:00 Frank Sings Frank AR (4) 3:30 Outdoor Stroll (2) <i>Victoria Day (Canada)</i></p>	<p>9:45 Meet & Greet (4) 10:00 Morning Stretches (2) 10:30 News Bits & A Beverage (1,4, 5) 11:00 Chair Zumba AR2 2:00 - 3:00 Special Guest Bible Time AR6 3:30 Trivia/Games (1) 6:45 Day Break Singers AR5</p>	<p>9:45 Meet & Greet (4) 10:00 News Chat (1,4) 10:15 Catholic Mass AR (6) 11:00 News Bits & A Beverage (1,4, 5) 2:00 - 3:00 Harpist Karen Stowe AR5 3:30 Let's Get Moving (2)</p>	<p>9:45 Meet & Greet (4) 10:00 Morning Stretches (2) 10:30 News Bits & A Beverage (1,4, 5) 11:00 Let's Talk Trivia (1) 2:00 - 4:00 Popcorn & a Movie: "On the Town" with Gene Kelly AR (4)</p>	<p>9:45 Meet & Greet (4) 10:00 Morning Stretches (2) 10:30 News Bits & A Beverage (1,4, 5) 11:00 Walk Club (2) 2:00 - 3:00 Southern Belles Tea AR (5) 3:30 Trivia/Games (1)</p>	<p>10:00 News Chat (1,4) 10:30-11:30 Bingo with the Cub Scouts AR (5) 2:00 Out in the Gazebo (7, 8) 3:00 Balloon Volleyball (2)</p>
<p>9:45 Meet & Greet (4) 10:30 Eucharistic Service AR6 1:30 Balloon Toss (2) 2:30-3:30 Christian Fellowship with Brother Britt Hoskins AR 6</p>	<p>9:45 Meet & Greet (4) 10:00 Morning Stretches (2) 10:30 News Bits & A Beverage (1,4, 5) 11:00 Spa Time (5) 2:00 Out on the Gazebo (7,8) 3:00-4:00 Celebrate "May Birthday" Residents with Steve Daley AR5 <i>Memorial Day</i></p>	<p>9:45 Meet & Greet (4) 10:00 Morning Stretches (2) 10:30 Rosary-Legion of Mary C (6) 2:00 - 3:00 Special Guest Bible Time AR (6) 3:30 Trivia/Games (1)</p>	<p>9:45 Meet & Greet (4) 10:00 News Chat (1,4) 10:15 Catholic Mass AR 6 11:00 News Bits & A Beverage (1,4, 5) 2:00 - 3:00 Nondenominational Church Service AR (6) 3:30 Let's Get Moving (2)</p>	<p>9:45 Meet & Greet (4) 10:00 Morning Stretches (2) 10:30 News Bits & A Beverage (1,4, 5) 11:00 Let's Talk Trivia (1) 2:00- 3:00 Chef's Corner AR (5) 3:30 Let's Get Moving (2)</p>	<p>9:45 Meet & Greet (4) 10:00 Morning Stretches (2) 10:30 News Bits & A Beverage (1,4, 5) 11:00 Walk Club (2) 2:00-4:00 Popcorn & a Movie: "My Fair Lady" AR (4) 6:45-8:30 Outing: Hoedown at the VA Beach Farmers' Market (7, 8)</p>	<p>LOCATION KEY: AR- Assembly Room; C-Chapel; P-Porch ACTIVITY KEY: 1-Cognitive/Creative, 2-Physical, 3-Productive, 4-Social, 5-Sensory, 6-Reflective, 7- Outdoor, 8-Nature</p>

Any calendar changes will be noted on the Daily Fare in the Pavilion. *Resident mail is delivered daily.* Most activities are a minimum of 30 minutes long. All supplies are accounted for before and after each activity.