

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2019

Christopher Center Activities

LOCATION & ACTIVITY KEY: AR- Assembly Room; C-Chapel;; DR-Dining Room
 1-Cognitive/Creative, 2-Physical, 3-Productive, 4-Social, 5-Sensory, 6-Reflective, 7- Outdoor, 8-Nature

<p>3</p> <p>9:45 Meet & Greet (4) 10:30 Eucharistic Service AR6 2:30 Christian Service with Gateway Freewill Baptist Church AR 6</p>	<p>4</p> <p>9:30 Meet & Greet (4) 9:45 Morning Stretches (2) 10:00 News Bits & A Beverage (1,4, 6) 10:30 Spa Time (5) 2:00 Bingo AR 4 3:30 Outdoor/Indoor Stroll (2)</p>	<p>5</p> <p>9:30 Meet & Greet (4) 9:45 Morning Stretches (2) 10:00 News Bits & A Beverage (1, 4, 6) 10:30 Arts & Crafts (1) 2:00 Special Guest Bible Time AR 6 3:30 Trivia/Games (1) Chinese New Year</p>	<p>6</p> <p>9:30 Meet & Greet (4) 9:45 Morning Stretches (2,6) 10:00 News Chat (1,4,6) 10:15 Catholic Mass AR 6 2:00 Protestant Communion Service AR6 3:30 Let's Get Moving (2)</p>	<p>7</p> <p>9:30 Meet & Greet (4) 9:45 Morning Stretches (2,6) 10:00 News Bits & A Beverage (1,4, 6) 10:30 Bingo (1,4) 2:00 Fellowship with Kempsville Baptist Church AR 6 3:30 Walking Club (2)</p>	<p><i>Happy Birthday Julia!</i></p> <p>1</p> <p>9:30 Meet & Greet (4) 9:45 Morning Stretches (2) 10:00 News Bits and A Beverage (5) 11:00 Chair Zumba with Peggy AR 2 2:00 Popcorn & a Movie: South Pacific AR4</p>	<p>2</p> <p>10:00 News Chat (1,4) 10:30 Special Music Performance by "The Hurrah Players" AR 6 1:30 Classic Television (4) 2:00 Rosary w/KOC C6 3:00 Bingo (Iris) (4) Groundhog Day</p>
<p><i>Happy Birthday Enrico!</i></p> <p>10</p> <p>9:45 Meet & Greet (4) 10:30 Eucharistic Service AR 6 2:00 Drum Circle with Arthur "Drum Your Dreams" Lopez AR1 3:30 Walking Club (2)</p>	<p>11</p> <p>9:30 Meet & Greet (4) 9:45 Morning Stretches (2) 10:00 News Bits & A Beverage (1,4, 6) 10:30 Spa Time (5) 1:45 Scenic Joyride (8) 2:00 Bingo (4) 3:30 Outdoor/Indoor Stroll (2)</p>	<p>12</p> <p>9:30 Meet & Greet (4) 9:45 Morning Stretches (2) 10:00 News Bits & A Beverage (1, 4, 6) 10:30 Art for All AR1 2:00 Special Guest Bible Time AR 6 3:30 Trivia/Games (1)</p>	<p>13</p> <p>9:30 Meet & Greet (4) 9:45 Morning Stretches (2,6) 10:00 News Chat (1,4,6) 10:15 Catholic Mass AR 6 2:00 Nondenominational Church Service AR6 3:30 Let's Get Moving (2)</p>	<p>14</p> <p>9:30 Meet & Greet (4) 9:45 Morning Stretches (2,6) 10:00 News Bits & A Beverage (1,4, 6) 10:30 Bingo (1,4) 2:00 Valentine's Day Entertainment: Lyle & Linda Dowling AR 5 3:30 Walking Club (2) Valentine's Day</p>	<p><i>Happy Birthday Fred!</i></p> <p>8</p> <p>9:30 Meet & Greet (4) 9:45 Morning Stretches (2) 10:00 News Bits and A Beverage (5) 11:00 Chair Zumba with Peggy AR 2:00 Karaoke AR 4 7:00 Valentine's Day Sweetheart Dance DR</p>	<p>9</p> <p>10:00 News Chat (1,4) 10:30 Bingo with Girl Scout Troop 917 AR4 1:30 Classic Television (4) 2:00 String Music Performance: "Symphoncity" AR5</p>
<p>17</p> <p>9:45 Meet & Greet (4) 10:30 Eucharistic Service AR6 2:30 Christian Fellowship with Brother Britt Hoskins AR 6</p>	<p>18</p> <p>9:30 Meet & Greet (4) 9:45 Morning Stretches (2) 10:00 News Bits & A Beverage (1,4, 6) 10:30 Spa Time (5) 2:00 Presidents' Day Social AR (4) 3:30 Outdoor/Indoor Stroll (2) Presidents' Day (US)</p>	<p>19</p> <p>9:30 Meet & Greet (4) 9:45 Morning Stretches (2) 10:00 News Bits & A Beverage (1, 4, 6) 10:30 Rosary-Legion of Mary A1 2:00 Special Guest Bible Time AR 6 3:30 Trivia/Games (1)</p>	<p>20</p> <p>9:30 Meet & Greet (4) 9:45 Morning Stretches (2,6) 10:00 News Chat (1,4,6) 10:15 Catholic Mass AR 6 2:00 Nondenominational Church Service AR6 3:30 Let's Get Moving (2)</p>	<p>21</p> <p>9:30 Meet & Greet (4) 9:45 Morning Stretches (2,6) 10:00 News Bits & A Beverage (1,4, 6) 10:30 Bingo (1,4) 11:30 Lunch Outing: Rib City 8 2:00 Flower Arranging (Iris) (1) 3:30 Walking Club (2)</p>	<p>22</p> <p>9:30 Meet & Greet (4) 9:45 Morning Stretches (2) 10:00 News Bits and A Beverage (5) 11:00 Chair Zumba with Peggy AR 2:00 Bingo Store AR 1 3:30 Walking Club (2)</p>	<p>16</p> <p>10:00 News Chat (1,4) 10:30 Rosary with The Tan Family C 6 1:30 Classic Television (4) 2:00 Bingo (Iris) (4) 3:30 Balloon Volleyball (2)</p>
<p>24</p> <p>9:45 Meet & Greet (4) 10:30 Eucharistic Service AR6 2:30 Christian Fellowship with Brother Britt Hoskins AR 6</p>	<p>25</p> <p>9:30 Meet & Greet (4) 9:45 Morning Stretches (2) 10:00 News Bits & A Beverage (1,4, 6) 10:30 Spa Time (5) 2:00 Celebrate Residents with February Birthdays with "Frank Sings Frank" AR 4 3:30 Outdoor/Indoor Stroll (2)</p>	<p>26</p> <p>9:30 Meet & Greet (4) 9:45 Morning Stretches (2) 10:00 News Bits & A Beverage (1, 4, 6) 10:30 Rosary-Legion of Mary A1 2:00 Special Guest Bible Time AR 6 3:30 Trivia/Games (1)</p>	<p>27</p> <p>9:30 Meet & Greet (4) 9:45 Morning Stretches (2,6) 10:00 News Chat (1,4,6) 10:15 Catholic Mass C 6 2:00 Nondenominational Church Service C6 3:30 Let's Get Moving (2)</p>	<p>28</p> <p>9:30 Meet & Greet (4) 9:45 Morning Stretches (2,6) 10:00 News Bits & A Beverage (1,4, 6) 10:30 Bingo (1,4) 2:00 "The Echoes" Choir from London Bridge Baptist Church AR6 3:30 Walking Club (2)</p>	<p><i>Love me tender, Love me long, Take me to your heart. For it's there that I belong, And we'll never part. - Love Me Tender, Elvis Presley</i></p>	

Any calendar changes will be noted on the Daily Fare in the Pavilion. *Resident mail is delivered daily.* Most activities are a minimum of 30 minutes long. All supplies are accounted for before and after each activity.