

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2019

Nursing & Extensive Assisted Living

LOCATION & ACTIVITY KEY: A-Activity Room; AR- Assembly Room; C-Chapel; CA-Common Area; DR-Dining Room; LR- Living Room
1-Cognitive/Creative, 2-Physical, 3-Productive, 4-Social, 5-Sensory, 6-Reflective, 7- Outdoor, 8-Nature

<p><i>Happy Birthday Kitty!</i> 3</p> <p>10:30 Eucharistic Service AR6</p> <p>11:15 Coffee Chat A 1</p> <p>2:30 Christian Service with Gateway Freewill Baptist Church AR 6</p> <p>4:00 Super Bowl Pregame Fun A 4</p>	<p>9:45 Jazzercise LR 2</p> <p>10:00 Balloon Volleyball LR2</p> <p>10:00 Coffee & News A 1</p> <p>10:30 Aroma Therapy LR 5</p> <p>11:00 Creative Crafters A 1</p> <p>2:00 Bingo AR 4</p> <p>4:00 Dominoes A 1</p> <p>5:00 Let's Talk Trivia A1</p>	<p>9:45 Poetry in Motion LR2 5</p> <p>10:00 Ladder Ball LR 2</p> <p>10:30 Spelling Bee A1</p> <p>2:00 Special Guest Bible Time AR 6</p> <p>4:00 Celebrate Chinese New Year with Trivia! A1</p> <p>5:00 Joyce on the Piano LR 5</p> <p>Chinese New Year</p>	<p>9:45 Body in Motion LR2 6</p> <p>10:15 Catholic Mass AR 6</p> <p>11:00 Brain Bootcamp A 1</p> <p>2:00 Protestant Communion Service AR6</p> <p>3:00 Pokeno A 4</p> <p>4:00 Let's Talk Trivia LR 1</p> <p>5:00 Joyce on the Piano LR5</p>	<p>9:45 Chair Aerobics LR 2 7</p> <p>10:00 Balloon Volleyball LR 2</p> <p>10:30 News! News! A1</p> <p>11:00 Cooking & Baking A1</p> <p>2:00 Fellowship with Kempsville Baptist Church AR 6</p> <p>4:00 Let's Get Moving! LR2</p> <p>5:00 Brain Bootcamp LR1</p>	<p>9:45 Chair Aerobics LR 2 8</p> <p>10:00 Balloon Volleyball LR 2</p> <p>10:00 News! News! LR 2</p> <p>11:00 Chair Zumba with Peggy AR</p> <p>2:00 Karaoke AR 4</p> <p>4:30 Stretch & Strength A2</p> <p>5:00 Brain Bootcamp A1</p> <p>7:00 Valentine's Day Sweetheart Dance DR 4</p>	<p><i>Happy Birthday Delores!</i> 2</p> <p>10:30 Special Music Performance by The Hurrah Players AR 6</p> <p>2:00 Rosary with KOC C 6</p> <p>3:00 Bingo with KOC A4</p> <p>4:00 Saturday Afternoon TV Residents' Choice A4</p> <p>Groundhog Day</p>
<p>10:30 Eucharistic Service AR 6 10</p> <p>11:15 Coffee Chat A 1</p> <p>2:00 Drum Circle with Arthur "Drum Your Dreams" Lopez AR1</p> <p>4:00 Movie Matinee - Residents' Choice LR 4</p>	<p>9:45 Jazzercise LR 2 11</p> <p>10:00 Balloon Volleyball LR2</p> <p>10:00 Coffee & News A 1</p> <p>10:30 Aroma Therapy LR 5</p> <p>11:00 Creative Crafters A 1</p> <p>1:45 Scenic Joyride 8</p> <p>2:00 Bingo A 4</p> <p>3:00 Hot Chocolate Social A4</p> <p>4:00 Dominoes A 1</p> <p>5:00 Let's Talk Trivia! A1</p>	<p>9:45 Poetry in Motion LR2 12</p> <p>10:00 Ladder Ball LR 2</p> <p>10:30 Art for All AR1</p> <p>2:00 Special Guest Bible Time AR 6</p> <p>4:00 Let's Talk Trivia LR1</p> <p>5:00 Joyce on the Piano LR 5</p>	<p><i>Happy Birthday Elena!</i> 13</p> <p>9:45 Body in Motion LR2</p> <p>10:15 Catholic Mass AR 6</p> <p>11:00 Brain Bootcamp A 1</p> <p>2:00 Nondenominational Church Service AR6</p> <p>3:00 Pokeno A 4</p> <p>4:00 Let's Talk Trivia LR 1</p> <p>5:00 Joyce on the Piano LR5</p>	<p>9:45 Chair Aerobics LR 14</p> <p>10:00 Balloon Volleyball LR 2</p> <p>11:00 Cooking & Baking A1</p> <p>2:00 Valentine's Day Entertainment: Lyle & Linda Dowling AR 5</p> <p>4:00 Let's Get Moving! LR2</p> <p>5:00 Brain Bootcamp LR1</p> <p>Valentine's Day</p>	<p>9:45 Chair Aerobics LR 15</p> <p>10:00 Balloon Volleyball LR 2</p> <p>10:00 News! News! LR 2</p> <p>11:00 Chair Zumba with Peggy AR</p> <p>2:00 Southern Belles' Tea AR 4</p> <p>4:30 Stretch & Strength A2</p> <p>5:00 Brain Bootcamp A1</p>	<p>10:30 Rosary with The Tan Family C 6 16</p> <p>2:00 Bingo A 4</p> <p>3:30 Bible Study with Joyce LR 6</p> <p>4:40 Saturday Afternoon TV Residents' Choice A4</p>
<p>10:30 Eucharistic Service AR6 17</p> <p>11:15 Coffee Chat A1</p> <p>2:30 Christian Fellowship with Brother Britt Hoskins AR 6</p> <p>4:00 Movie Matinee - Residents' Choice LR4</p>	<p>9:45 Jazzercise LR 2 18</p> <p>10:00 Balloon Volleyball LR2</p> <p>10:00 Coffee & News A 1</p> <p>10:30 Aroma Therapy LR 5</p> <p>11:00 Creative Crafters A 1</p> <p>2:00 Presidents' Day Social AR 4</p> <p>4:00 Dominoes A 1</p> <p>5:00 Let's Talk Trivia! A1</p> <p>Presidents' Day (US)</p>	<p>9:45 Poetry in Motion LR2 19</p> <p>10:00 Ladder Ball LR 2</p> <p>10:30 Rosary-Legion of Mary C6</p> <p>2:00 Special Guest Bible Time AR 6</p> <p>4:00 Let's Talk Trivia LR1</p> <p>5:00 Joyce on the Piano LR 5</p>	<p>9:45 Body in Motion LR 20</p> <p>10:15 Catholic Mass AR 6</p> <p>11:00 Brain Bootcamp A 1</p> <p>2:00 Nondenominational Church Service AR6</p> <p>3:00 Pokeno A 4</p> <p>4:00 Let's Talk Trivia LR 1</p> <p>5:00 Joyce on the Piano LR5</p>	<p><i>Happy Birthday Bernice P.!</i> 21</p> <p>9:45 Chair Aerobics LR 2</p> <p>10:00 Balloon Volleyball LR 2</p> <p>11:00 Cooking & Baking A1</p> <p>11:30 Lunch Outing: Rib City 8</p> <p>2:00 Bingo A4</p> <p>4:00 Let's Get Moving! LR2</p> <p>5:00 Brain Bootcamp LR1</p>	<p>9:45 Chair Aerobics LR 2 22</p> <p>10:00 Balloon Volleyball LR 2</p> <p>10:00 News! News! LR 2</p> <p>11:00 Chair Zumba with Peggy AR</p> <p>2:00 Bingo Store AR 4</p> <p>4:30 Stretch & Strength A2</p> <p>5:00 Brain Bootcamp A1</p>	<p>10:30 Gospel Choir: "Sweet Inspirations" AR 6 23</p> <p>2:00 Bingo A4</p> <p>3:30 Bible Study with Joyce LR 6</p> <p>4:30 Saturday Afternoon TV Residents' Choice A4</p>
<p>10:30 Eucharistic Service AR6 24</p> <p>11:15 Coffee Chat A1</p> <p>2:30 Christian Fellowship with Brother Britt Hoskins AR 6</p> <p>4:00 Movie Matinee - Residents' Choice LR4</p>	<p>9:45 Jazzercise LR 2 25</p> <p>10:00 Balloon Volleyball LR2</p> <p>10:00 Coffee & News A 1</p> <p>10:30 Aroma Therapy LR 5</p> <p>11:00 Creative Crafters A 1</p> <p>2:00 Celebrate Residents with February Birthdays with Frank Sings Frank AR 4</p> <p>4:00 Dominoes A 1</p> <p>5:00 Let's Talk Trivia! A1</p>	<p>9:45 Poetry in Motion LR2 26</p> <p>10:00 Ladder Ball LR 2</p> <p>10:30 Rosary-Legion of Mary C6</p> <p>2:00 Special Guest Bible Time AR 6</p> <p>3:30 Outing: Delivery of Gratitude Gift to First Responders 3</p> <p>4:00 Let's Talk Trivia LR1</p> <p>5:00 Joyce on the Piano LR 5</p>	<p><i>Happy Birthday Ellen!</i> 27</p> <p>9:45 Body in Motion LR2</p> <p>10:15 Catholic Mass C 6</p> <p>11:00 Brain Bootcamp A 1</p> <p>2:00 Nondenominational Church Service C6</p> <p>3:00 Pokeno A 4</p> <p>4:00 Let's Talk Trivia LR 1</p> <p>5:00 Joyce on the Piano LR5</p>	<p>9:45 Chair Aerobics LR 28</p> <p>10:00 Balloon Volleyball LR 2</p> <p>11:00 Cooking & Baking A1</p> <p>2:00 "The Echoes" Choir from London Bridge Baptist Church AR6</p> <p>2:30 Outing: Dollar Tree 7</p> <p>4:00 Let's Get Moving! LR2</p> <p>5:00 Brain Bootcamp LR1</p>	<p><i>Love me tender, Love me long, Take me to your heart. For it's there that I belong, And we'll never part. - Love Me Tender, Elvis Presley</i></p>	

Most activities are a minimum of 30 minutes long. All supplies are accounted for before and after each activity. Residents' mail hand-delivered. Most activities are a minimum of 30 minutes long. All supplies are accounted for before and after each activity.