

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2019

**Christopher Center
Activities**

<p>9:45 Meet & Greet (4) 6 10:30 Church Service AR6 2:30 Christian Service with Gateway Freewill Baptist Church AR 6</p>	<p><i>Happy Birthday Millie!</i> 1 9:30 Meet & Greet (4) 9:45 Morning Stretches (2) 10:00 News Bits & A Beverage (1, 4, 6) 10:30 Spa Time (5) 2:00 Bible Time: "Facing the Giants" Movie AR6 <i>New Year's Day</i></p>	<p>9:30 Meet & Greet (4) 2 9:45 Morning Stretches (2,6) 10:00 News Chat (1,4,6) 10:15 Catholic Mass AR 6 2:00 Entertainment: Theatrical Performance by Actor Ryan Clemens as "Mark Twain" AR1 3:30 Flower Arranging (1)</p>	<p>9:30 Meet & Greet (4) 3 9:45 Morning Stretches (2,6) 10:00 News Bits & A Beverage (1,4, 6) 10:30 Bingo (1,4) 1:45 Scenic Joyride 8 2:00 Entertainment: Wayne Mitchell AR 5 3:30 Walking Club (2)</p>	<p>9:30 Meet & Greet (4) 4 9:45 Morning Stretches (2) 10:00 News Bits and A Beverage (5) 10:30 Let's Talk Trivia (1) 2:00 Popcorn & a Movie: Wizard of Oz AR 4</p>	<p>10:00 News Chat (1,4) 5 11:00 Let's Talk Trivia! (1) 2:00 Rosary with KOC C6 2:00 Bingo (Iris) (4) 3:30 Balloon Volleyball (2)</p>
<p>9:45 Meet & Greet (4) 6 10:30 Church Service AR6 2:30 Christian Service with Gateway Freewill Baptist Church AR 6</p>	<p>9:30 Meet & Greet (4) 7 9:45 Morning Stretches (2) 10:00 News Bits & A Beverage (1,4, 6) 10:30 Let's Talk Trivia (1) 11:00 Outdoor/Indoor Stroll (2) 2:00 Bingo AR 4 3:30 Storytime (1,4)</p>	<p>9:30 Meet & Greet (4) 8 9:45 Morning Stretches (2) 10:00 News Bits & A Beverage (1, 4, 6) 10:30 Rosary-Legion of Mary C6 2:00 Special Guest Bible Time AR 6 3:30 Let's Get Moving! (2)</p>	<p>9:30 Meet & Greet (4) 9 9:45 Morning Stretches (2,6) 10:00 News Chat (1,4,6) 10:15 Catholic Mass AR 6 2:00 All Faith Communion AR6 3:00 Arts & Crafts (1)</p>	<p>9:30 Meet & Greet (4) 10 9:45 Morning Stretches (2,6) 10:00 News Bits & A Beverage (1,4, 6) 10:30 Fellowship with Kempsville Baptist Church AR 6 2:00 Karaoke AR 4 3:30 Walking Club (2)</p>	<p>9:30 Meet & Greet (4) 11 9:45 Morning Stretches (2) 10:00 News Bits and A Beverage (5) 11:00 Chair Zumba with Peggy AR 2:00 Popcorn & a Movie: "Annie Get Your Gun" AR 4</p>
<p>9:45 Meet & Greet (4) 13 10:30 Church Service AR6 2:00 Gospel Music Family "Glory Road" AR 6 3:30 Walking Club (2)</p>	<p>9:30 Meet & Greet (4) 14 9:45 Morning Stretches (2) 10:00 News Bits & A Beverage (1,4, 6) 10:30 Let's Talk Trivia (1) 11:00 Outdoor/Indoor Stroll (2) 2:00 Bingo (4) 3:30 Storytime (1,4)</p>	<p>9:30 Meet & Greet (4) 15 9:45 Morning Stretches (2) 10:00 News Bits & A Beverage (1, 4, 6) 10:30 Spa Time (5) 2:00 Special Guest Bible Time C 6 3:30 Let's Get Moving! (2)</p>	<p>9:30 Meet & Greet (4) 16 9:45 Morning Stretches (2,6) 10:00 News Chat (1,4,6) 10:15 Catholic Mass AR 6 2:00 All Faith Service AR6 3:00 Chair Zumba with Peggy AR 2</p>	<p>9:30 Meet & Greet (4) 17 10:00 The Kings Choir AR 6 2:00 Art with Maggie Kerrigan AR 1 3:30 Walking Club (2)</p>	<p><i>Happy Birthday Lew and Floria!</i> 18 9:30 Meet & Greet (4) 9:45 Morning Stretches (2) 10:00 News Bits and A Beverage (5) 10:30 Let's Talk Trivia (1) 2:00 Ice Cream Social (4) 3:30 Walking Club (2)</p>
<p>9:45 Meet & Greet (4) 20 10:30 Church Service AR6 2:30 Christian Fellowship with Brother Britt Hoskins AR 6</p>	<p>9:30 Meet & Greet (4) 21 9:45 Morning Stretches (2) 10:30 Entertainment: Jon Pheasant, The Beatles Guy AR 5 2:00 Bingo Store AR 4 3:30 Storytime (1,4) <i>Martin Luther King Day Tu B'Shevat</i></p>	<p>9:30 Meet & Greet (4) 22 9:45 Morning Stretches (2) 10:00 News Bits & A Beverage (1, 4, 6) 10:30 Rosary-Legion of Mary C 6 2:00 Special Guest Bible Time AR 6 3:30 Let's Get Moving! (2)</p>	<p>9:30 Meet & Greet (4) 23 9:45 Morning Stretches (2,6) 10:00 News Chat (1,4,6) 10:15 Catholic Mass AR 6 2:00 Harpist Karen Stowe AR 6 3:00 Arts & Crafts (1)</p>	<p>9:30 Meet & Greet (4) 24 9:45 Morning Stretches (2,6) 10:00 News Bits & A Beverage (1,4, 6) 11:00 Chair Zumba with Peggy AR 2 1:45 Scenic Joyride 8 2:00 Southern Belles Tea AR 4</p>	<p>9:30 Meet & Greet (4) 25 9:45 Morning Stretches (2) 10:00 News Bits and A Beverage (5) 10:30 Let's Talk Trivia (1) 2:00 Popcorn & a Movie: "Showboat" AR 4</p>
<p>9:45 Meet & Greet (4) 27 10:30 Church Service AR6 2:30 Christian Fellowship with Brother Britt Hoskins AR 6</p>	<p>9:30 Meet & Greet (4) 28 9:45 Morning Stretches (2) 10:00 News Bits & A Beverage (1,4, 6) 10:30 Let's Talk Trivia (1) 11:00 Outdoor/Indoor Stroll (2) 2:00 You are Special! Event Treats to Dip in a Delicious Chocolate Fountain (fondue) AR5 3:30 Storytime (1,4) <i>Australia Day (observed)</i></p>	<p>9:30 Meet & Greet (4) 29 9:45 Morning Stretches (2) 10:00 News Bits & A Beverage (1, 4, 6) 10:30 Celebrate Residents with January Birthdays with Eddie Sall AR 5 2:00 Special Guest Bible Time AR 6 3:30 Let's Get Moving! (2)</p>	<p>9:30 Meet & Greet (4) 30 9:45 Morning Stretches (2,6) 10:00 News Chat (1,4,6) 10:15 Catholic Mass AR 6 2:00 All Faith Service C6 3:30 Flower Arranging (1)</p>	<p>9:30 Meet & Greet (4) 31 9:45 Morning Stretches (2,6) 10:00 News Bits & A Beverage (1,4, 6) 10:30 Let's Talk Trivia! (1) 11:00 Lunch Outing: Rib City Restaurant 8 2:00 Bingo (4) 3:30 Walking Club (2)</p>	<p>"That old law about 'an eye for an eye' leaves everybody blind. The time is always right to do the right thing." <i>-Martin Luther King, Jr.</i></p> <p>LOCATION & ACTIVITY KEY: AR- Assembly Room; C-Chapel 1-Cognitive/Creative, 2-Physical, 3-Productive, 4-Social, 5-Sensory, 6-Reflective, 7- Outdoor, 8-Nature</p>

Any calendar changes will be noted on the Daily Fare in the Pavilion. Resident mail is delivered daily. * Most activities are a minimum of 30 minutes long. All supplies are accounted for before and after each activity.