

January 2019

# Our Lady of Perpetual Help

4560 Princess Anne Road \* Virginia Beach, Virginia 23462 \* (757) 495-4211 \* [www.ourladyperpetualhelp.com](http://www.ourladyperpetualhelp.com)

## *Resident Family Christmas Dinner*



*Santa & Mrs. Claus  
Stopped By*



*with one of the elves*



## Welcome New Residents!



Aileen Affronti was born in Cleveland Co., NC. She enjoyed being a homemaker and raising four children. Aileen has a good sense of humor and enjoys spiritual activities and listening to stories and music.



Ann Green was born in Brooklyn, NY. She traveled a lot as a child since her father was in the Army. Ann worked as nurse at DePaul Hospital. She likes easy listening music, TV and romance novels.



Ronald "Ron" Stafford is from Norfolk. After serving in the Air Force, he worked as a designer and in quality control-nuclear at the Newport News shipyard. Ron enjoys walking, games, and spiritual activities and used to like to fish.



George "Russ" Waterman was born in Rochester, NY. After graduating from the Naval Academy, Russ was a Captain in the Submarine Force where he earned the Legion of Merit. He enjoys movies and playing games.

## Please Help Us Make Your Time with Your Loved One Special

Please note that we ask for at least one week's notice to accommodate families who would like to use our space for an event for their loved one. Using space at Our Lady of Perpetual Help requires the coordination of multiple departments and maximizing the availability of space for all our residents. Please help us make the occasion special for both you and your loved one.

We appreciate your understanding.



## January Activity Highlights

- Ryan Clemens as "Mark Twain," Jan. 3
- Gospel Family Music Group "Glory Road," Jan. 13
- Art with Art Facilitator Maggie Kerrigan, Jan. 17
- Symphonicity (String Quartet part of the Virginia Symphony), Jan. 26
- "You are Special!" Chocolate Fountain/Fondue, Jan. 28

## And in February...

- Bingo with Girl Scout Troop 917, Feb. 2
- Residents' Sweetheart Valentine's Dance, Feb. 8
- Singing Couple Lyle and Linda Dowling, Valentine's Day, Feb. 14



Spa Creek Dental is a mobile dental group who brings on-site dental care to our residents who prefer to have dental care here in our community.

If interested in its services, please contact our social worker, Beth Tan, or Ben O'Hare, Facility Care Representative for Spa Creek Dental, at (office) 267-691-2812 or (cell) 267-337-0909, [ben@spacreekdental.com](mailto:ben@spacreekdental.com).





**Stacey Philips**  
**New Resident Services Director in the**  
**Christopher Center**

Stacey Phillips was born and raised in the Hampton Roads area. After graduating from Kellam High School, Stacey earned her Certificate in Nursing Assistant. In 2009, Stacey began nursing school. She has worked in home health, hospice and senior living throughout her career. In her free time, she especially enjoys being with her five nieces, two nephews and a great niece. Stacey loves all kinds of music and enjoys dancing and karaoke.

**Thanks for Your Generosity!**

On behalf of the employees of Our Lady of Perpetual Help, we want to thank all of our residents and our residents' families for their very generous donations towards our employee Christmas celebration. Your contributions allowed us to have a fun event with great food along with wonderful gifts. At the end of the event, there was an employee raffle for a 39-inch flat screen TV!



**Administrative Staff**

**Administrator - Terri Anderson, RN, LNHA**  
 tanderson@ourladyperpetualhelp.com

**Director of Nursing, Priscilla Lanphere, RN**  
 planphere@ourladyperpetualhelp.com

**Assistant Director of Nursing – Shirley Carr, RN**  
 scarr@ourladyperpetualhelp.com

**Director of Resident Services – Stacey Phillips, LPN**  
 sphillips@ourladyperpetualhelp.com

**Director of Admissions – Vera Morgan**  
 vmorgan@ourladyperpetualhelp.com

**Director of Community Relations – Jackie Burke**  
 jburke@ourladyperpetualhelp.com

**Director of Life Enrichment – Mary Kell Powers, MS**  
 mpowers@ourladyperpetualhelp.com

**Director of Dining Services – Lawrence Green, CDM/CFPP**  
 lgreen@ourladyperpetualhelp.com

**Director of Maintenance – Matthew Brewer**  
 mbrewer@ourladyperpetualhelp.com

**Social Worker – Beth Tan, MSW**  
 btan@ourladyperpetualhelp.com

**Pastoral Counselor – Dave Kleffman, M.Ed.**  
 dkleffman@ourladyperpetualhelp.com

**Administrative Assistant – Rebecca Lindner**  
 rlindner@ourladyperpetualhelp.com

**Business Office Manager – Mae Cappis**  
 mcappis@ourladyperpetualhelp.com

Please take a moment of silence  
 and prayer to remember those who went to their  
 home eternal in December:

*Patricia Davis*  
*Betty Jacobson*  
*Walter Reed*

*Our Semi-Annual Memorial Service will be held on Tuesday, March 26, 2019 at 6:30 p.m. At this service, we remember those who have gone to their home eternal during the months of December 2018, January and February 2019.*





## OLPH Team Member January Birthdays

Diane Betts	1/9
Jackie Burke	1/29
Lynne Claus	1/10
Glenda Concepcion	1/15
Maria Ecleo	1/29
David Evans	1/3
Tina Green	1/20
Kirsten Griese	1/17
Brittany Hooker	1/26
Jessica Jackson	1/7
Jorge Manalos	1/14
Kathylean Nimmo	1/30
Crystal Okonkwo	1/23
Raul Pernites	1/8
Sydney Phillips	1/22
Casey Porter	1/13
Dercia Powell-Green	1/27
Thelma Weeks	1/23

*Thanks for All You Do!  
Have a Great Day!*

## January Marketing Events at Our Lady of Perpetual Help

**Bereavement Support Group,**  
Every Thursday, Jan. 3, 10, 17, 24 & 31  
10:30 a.m. - 12:00 p.m.

**Alzheimer's Support Group Lunch,**  
Monday, Jan. 14, 12:00 p.m. - 1:30 p.m.  
(RSVP to our office).



**Professional Manicures & Pedicures for Our Lady of Perpetual Help Residents**  
Group discounts available. Please contact **Mary Kell Powers** for more information.

### BUS OUTINGS

Our most frequent bus outing is a scenic joy ride. There is no additional cost for the joy ride. We try our best to rotate the residents who go on these so different residents have the opportunity to go. For outings involving an additional cost (i.e., outings to restaurants), we ask that you give either Raul Pernites (for residents in the Christopher Center) or Mary Kell Powers (for residents in Nursing or EAL) money for your loved one for the outing. Please note that we do not keep more than \$40 on hand for an individual resident.

Seniors On The GO!



## Happy January Birthdays!



1st ~ Mildred "Millie" Nadeau  
16th ~ Barbara McMahon  
18th ~ Lewis "Lew" Reavis,  
Floria Bragg

Join us for our monthly resident birthday celebration on **Tuesday, January 29th at 10:30 a.m.** in the Assembly Room with music by Eddie Sall!

### OLPH BUS SCHEDULE

Our bus schedule for doctors' appointments is Mondays & Wednesdays allowing two doctor visits per day. Please call George Reed, our Bus Driver, on his cell phone at (757) 408-8501 if you would like to use the bus service.