

December 2018

Our Lady of Perpetual Help

4560 Princess Anne Road * Virginia Beach, Virginia 23462 * (757) 495-4211 * www.ourladyperpetualhelp.com



Thank You for Your Service!



Thanksgiving Dinner was a Family Affair!



Welcome New Residents!



Margaret "Peg" Ahrendt was born in Letchworth, England. She moved to the U.S when she was 3 years old. Peg worked during WWII in a bearing plant and then at the Franklin Mint for 20 years. She enjoyed traveling and playing cards.



Betty Brickell was born in Franklin, VA. After attending business college, she worked as a secretary for various small businesses. Betty enjoys playing cards, reading fiction and keeping up with North Carolina teams in sports.

Photo Not Available

Charlean Eckert was born in Tampa. She worked as a truck driver and drove coast-to-coast. Charlean loves word games, Bingo, Pokeno and enjoys all social media, especially facebook.



Eula Johnson was born in Harrisville, NC. After raising her children, she worked as a Nursing Assistant. She used to enjoy crossword puzzles and now likes word games. Eula loves Christian music.



Mildred "Millie" Nadeau was born in Cherry, NC. She likes to read scripture and enjoys praying the Rosary. Millie has worked as an Office Manager. She is the proud grandparent of 10 grandchildren and great grandparent to 15+ great grandchildren.



Walter Reed was born in Boston. After serving in the Navy, he worked in the Norfolk Naval Shipyard. Walter enjoys movies, music, animals-especially dogs and cats. In the past, he liked to do leather-stamping.



Gerald "Jerry" Sazio was born in Orange, NJ. After graduating from William & Mary, Jerry was the football coach at Maury High. He has a foundation for deserving Maury "Commodores.". He is a huge fan of Gunsmoke and loves sports.

December Activity Highlights

Annual Christmas Model Train Show, Dec. 1-2

Visit by Santa & Mrs. Claus, Dec. 15

Outing: "One Silent Night," Church of the Ascension Choir, Dec. 16

Evening Outings to see the Christmas Lights

Student Group Carolers: Kempsville Child Development Center, Dec. 4; Kempsville High, Dec. 5 & 6; Regent Univ. Volunteers, Dec. 8; Kempsville Elem. School, Dec. 10; Windsor Woods Elem. School, Dec. 11

Bell Choirs: Emmanuel Episcopal Church, Dec. 9; Tapestry Bell Choir, Dec. 18

Church Group Choirs: Haygood Baptist, Dec. 12; Kempsville Mennonite Church, Dec. 7; St. John's Baptist Church, Dec. 12; Catholic Church of St. Mark's, Dec. 18; Hampton Roads Church of Christ, Dec. 22

And in January...

The King's Choir, Jan. 17

The Beatles Guy-Jon Pheasant, Jan. 21

Symphonicity, Jan. 26



Spa Creek Dental is a mobile dental group who brings on-site dental care to our residents who prefer to have dental care here in our community.

If interested in its services, please contact our social worker, Beth Tan, or Ben O'Hare, Facility Care Representative for Spa Creek Dental, at (office) 267-691-2812 or (cell) 267-337-0909, ben@spacreekdental.com.

From the Pastor's Pen

Dave Kleffman
Pastoral Counselor/Chaplain

December – A Season of Giving

Isaiah 9:6: "For unto us a Child is born, unto us a Son is given..."

December is a time for giving. People all over the world take this time to give gifts during this month of celebrating Christ's birth. Did you know the very first Christmas showed many examples of giving?

- When Mary submitted to God's plan, she **gave** her body to be the first home of the incarnated Savior (Luke 1:30-38). She also surrendered her good reputation in order to fulfill the Lord's calling for her life.
- Joseph **gave** his love and protection to Mary and the child who was not his own (Matt. 1:18-25).
- An angel **gave** an announcement of the Messiah's birth to some lowly shepherds who were watching their flocks at night.
- A heavenly host of angels **gave** praise and glory to God.
- The shepherds **gave** a personal testimony about the Messiah.
- The wise men relinquished the comfort of home to seek the newborn King and **gave** Him gifts worthy of royalty (Matt. 2:1-11).

What about us? What gifts can we give to Christ today? Perhaps our love, praise, honor, and commitment? And how about others? Who needs your love today? Perhaps you can give a smile, a hug, or a kind word? December is a season of giving. God gave his son, Jesus gave His life, so what gifts can you give? I hope this holiday season as you receive gifts, you give back the gift of love!

Have a wonderful holiday season!

Your friend at OLPH,

Dave

Administrative Staff

Administrator - Terri Anderson, RN, LNHA
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Director of Nursing, Priscilla Lanphere, RN
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Assistant Director of Nursing – Shirley Carr, RN
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Director of Resident Services – Stacey Phillips, LPN
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Director of Admissions – Vera Morgan
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Director of Community Relations – Jackie Burke
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Director of Life Enrichment – Mary Kell Powers, MS
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Director of Dining Services – Lawrence Green, CDM/CFPP
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Director of Maintenance – Matthew Brewer
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Social Worker – Beth Tan, MSW
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Pastoral Counselor – Dave Kleffman, M.Ed.
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Administrative Assistant – Rebecca Lindner
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Business Office Manager – Mae Cappis
mcappis@ourladyperpetualhelp.com

Please take a moment of silence
and prayer to remember those who went to their
home eternal in November:

Barbara "Bobbie" Arkerson Mary Celeste
Shirley Freeman Evelyn Huffman
Anne Long Theresa Mahon
Raymond Smith

*Our quarterly Memorial Service will be held
on Tuesday, November 27, 2018 at 2:00 p.m.*

*At this service, we remember those who
have gone to their home eternal during the
months of November, December 2018 and
January 2019.*



December Marketing Events at Our Lady of Perpetual Help

Bereavement Support Group,
Every Thursday, Dec. 6, 13, 20 & 27
10:30 a.m. - 12:00 p.m.

Alzheimer's Support Group Lunch,
Monday, Dec. 10, 12:00 p.m. - 1:30 p.m.
(RSVP to our office).



OLPH Team Member December Birthdays

Camillia Aguilar	12/6
Joyce Evans	12/12
Sandra Garrick	12/10
Chiara Gentilini	12/17
Jovelyn Jackson	12/21
Sharonne Lewis	12/1
Christian Miles	12/16
Samwel Mwene	12/4
Doris Ortiz	12/16
Ronda Reed	12/24
Rejoy Sison	12/25
Jing Wang	12/21
Michelle Williams	12/31

*Thanks for All You Do!
Have a Great Day!*



**Professional Manicures & Pedicures for
Our Lady of Perpetual Help Residents**
Group discounts available. Please contact
Mary Kell Powers for more information.

BUS OUTINGS

Our most frequent bus outing is a scenic joy ride. There is no additional cost for the joy ride. We try our best to rotate the residents who go on these so different residents have the opportunity to go. For outings involving an additional cost (i.e., outings to restaurants), we ask that you give either Raul Pernites (for residents in the Christopher Center) or Mary Kell Powers (for residents in Nursing or EAL) money for your loved one for the outing. Please note that we do not keep more than \$40 on hand for an individual resident.

Seniors On The GO!



Happy December Birthdays!



5th ~ Linda Zaneski
6th ~ Peg Ahrendt
14th ~ Louise Brantley
20th ~ Kay Duling, George Mallek
27th ~ Annie Thompson
29th ~ Elva "Lee" Brothers
30th ~ Marcelle Weeks
28th ~ Cornelia "Connie" Hunt

Join us for
our monthly
resident
birthday
celebration
on
Monday,
December
31st
at **10:30 a.m.**
in the
Assembly
Room with
music by
Barbara Blair!

OLPH BUS SCHEDULE

Our bus schedule for doctors' appointments is Mondays & Wednesdays allowing two doctor visits per day. Please call George Reed, our Bus Driver, on his cell phone at (757) 408-8501 if you would like to use the bus service.